



August 18, 2008 - Press Release: For Immediate Release

Flood Forces Alliant Energy Fifth Season Race to Alter Course

The Alliant Energy Fifth Season Race-8K Run, 5K Run/Walk, Youth Mile, and Kids' Fun Run is rescheduled from July 4th to Labor Day, Monday, September 1st. It has been forced to relocate and alter its race course because of the aftermath and uncertainties about downtown Cedar Rapids due to the devastating floods of June 2008.

The starting and finishing points of the race course have been moved from May's Island to Green Square Park at 3rd Avenue & 5th Street SE. Likewise, the awards ceremony and post-race party will be held at the Green Square Park location.

Because of the required changes, the deadlines for the mail-in registrations have been extended to Tuesday, August 26th and online registrations at www.cvra.net to Saturday, August 30th. Late registration and packet pickup is scheduled for the Crowne Plaza Five Season Hotel on Sunday, August 31st from 11 a.m. to 6 p.m. Packet pickup only, will be held on Monday, September 1st from 6:30 a.m. to 7:30 a.m. There will be no registrations on race day morning.

The Cedar Valley Running Association and Alliant Energy Fifth Season Race have pledged \$5,000 to the local flood relief effort. In addition, the Alliant Energy Fifth Season Race again will contribute a percentage of its race registration dollars to support the Dennis and Donna Oldorf Hospice House of Mercy.

Race Director Mike Regan and CVRA President Candy Mullen in a joint statement said "We are planning for and anticipating a fun-filled, exciting 23rd year anniversary Fifth Season Race held this year on Labor Day, September 1st!"

Please refer to www.cvra.net/fifth for further race information.

Mike Regan, Race Director
Alliant Energy Fifth Season Race

Candy Mullen, President
Cedar Valley Running Association